



# Assessing the Impact of a Workplace Policy on Maternity Protection and Breastfeeding Support for Female Garment Workers in Hawassa, Ethiopia: An Intervention Study

Assessing the Impact of a  
Workplace

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## Abstract

This study addresses a current research gap in Medicine concerning Impact of a workplace policy on maternity protection and breastfeeding support for female garment factory workers in Hawassa, Ethiopia in Ethiopia. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A mixed-methods design was used, combining survey and interview data collected over the study period. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Impact of a workplace policy on maternity protection and breastfeeding support for female garment factory workers in Hawassa, Ethiopia, Ethiopia, Africa, Medicine, intervention study This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

**Keywords:** *Maternity protection, Breastfeeding support, Workplace intervention, Sub-Saharan Africa, Occupational health, Garment industry, Cluster randomised trial*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

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