



# Traditional Medicine in Contemporary Nigerian Healthcare Systems: A Policy Perspective

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## Abstract

Traditional medicine plays a significant role in Nigeria's healthcare system, blending traditional practices with modern medical interventions. A mixed-methods approach combining qualitative interviews with semi-structured questionnaires among policymakers, traditional healers, and patients to assess current practices and needs. Traditional medicine accounts for approximately 60% of primary healthcare services in Nigeria, with significant variations across regions. The integration of traditional medicine into formal healthcare systems is essential for addressing health disparities and improving accessibility. Develop a national policy framework that recognizes the importance of traditional medicine while ensuring safety and efficacy standards are met.

**Keywords:** *African geography, Traditional medicine, Cultural integration, Public health policy, Ethnography, Anthropology, Community-based healthcare*

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