



Cultural Adaptation and Resilience Framework for Migrant Communities in Southern Africa

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Abstract

Migrant communities in Southern Africa face unique challenges due to cultural diversity and environmental pressures. Qualitative research methods will be employed through interviews with migrants and focus group discussions with local authorities. The framework highlights the importance of culturally tailored support programmes for enhanced resilience among migrant populations. Policy makers should incorporate community input into cultural adaptation strategies to foster more effective integration efforts.

Keywords: *Sub-Saharan, diaspora, cultural brokerage, resilience theory, ethnocultural adaptation, ethnography, multilingualism*

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