



Access and Quality Improvement Strategies in Maternal Health Care of Nairobi Slum Communities: An Evaluation of Community Health Worker Programmes

Njoroge Kinyanjui¹

¹ Department of Advanced Studies, Egerton University

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Correspondence: nkinyanjui@gmail.com

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Author notes

Njoroge Kinyanjui is affiliated with Department of Advanced Studies, Egerton University and focuses on African Studies research in Africa.

Abstract

Maternal health care access and quality improvement remain significant challenges in Nairobi slum communities, where limited resources often hinder effective healthcare delivery. A systematic literature review was conducted using databases such as PubMed and Google Scholar, focusing on empirical studies published between and that assessed CHW interventions targeting Nairobi slum communities. CHW programmes demonstrated improved access to maternal healthcare services with a significant increase in the number of pregnant women seeking prenatal care from baseline levels by at least 40%. Community health worker initiatives have shown promise in enhancing access and quality of maternal healthcare services, particularly for vulnerable populations in Nairobi slums. Further research should explore scalability and cost-effectiveness of CHW programmes while also examining their impact on long-term health outcomes. Maternal Health Care, Community Health Workers, Slum Communities, Kenya

Keywords: *Kenyan, Nairobi, Slums, CommunityHealthWorkers, HealthInequities, MaternalMortalityReduction, ParticipatoryResearch*

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