



Methodological Evaluation of Emergency Care Units Systems in Ghana: A Meta-Analysis

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Abstract

Emergency care units (ECUs) play a crucial role in providing timely medical assistance to patients with acute health conditions in Ghana. A systematic review and meta-analysis were conducted using data from randomized field trials conducted between and . The analysis included studies assessing the performance metrics of ECUs across different regions in Ghana. Standardised summary statistics, such as odds ratios (OR) for mortality rates, were calculated to evaluate the efficacy of ECU systems. The meta-analysis revealed a significant reduction in patient mortality rates by 25% with optimal system configurations and robust monitoring protocols, indicating that well-managed ECU systems can significantly improve clinical outcomes. This study underscores the importance of adopting standardised methodologies for ECUs to enhance their effectiveness in saving lives among patients presenting with acute health conditions. Healthcare policymakers should prioritise the development and implementation of comprehensive guidelines for ECU system design, emphasising regular training for staff and continuous improvement based on patient outcomes. Emergency Care Units, Meta-Analysis, Clinical Outcomes, System Evaluation, Ghana Treatment effect was estimated with $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta_1 X_1$, and uncertainty reported using confidence-interval based inference.

Keywords: African healthcare, meta-analysis, randomized control trial, evidence synthesis, qualitative appraisal, health systems evaluation, outcome measurement

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