



# Multilevel Regression Analysis to Evaluate Clinical Outcomes in District Hospitals of Kenya: A Methodological Assessment

Ngugi Gitonga<sup>1,2</sup>, Muthama Cheron<sup>3,4</sup>, Odhiambo Mungai<sup>3,5</sup>, Kinyanjui Chepkoech<sup>5</sup>

<sup>1</sup> Moi University

<sup>2</sup> Department of Pediatrics, Maseno University

<sup>3</sup> Maseno University

<sup>4</sup> Kenya Agricultural and Livestock Research Organization (KALRO)

<sup>5</sup> Technical University of Kenya

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**Correspondence:** [ngitonga@hotmail.com](mailto:ngitonga@hotmail.com)

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## Author notes

*Ngugi Gitonga is affiliated with Moi University and focuses on Medicine research in Africa.*

*Muthama Cheron is affiliated with Maseno University and focuses on Medicine research in Africa.*

*Odhiambo Mungai is affiliated with Technical University of Kenya and focuses on Medicine research in Africa.*

*Kinyanjui Chepkoech is affiliated with Technical University of Kenya and focuses on Medicine research in Africa.*

## Abstract

District hospitals in Kenya play a crucial role in healthcare delivery but often face challenges in providing consistent clinical outcomes. A multilevel logistic regression model was employed to analyse data from district hospitals across Kenya. The model incorporates both hospital-level and patient-level variables to measure clinical success rates with robust standard errors added for uncertainty. The multilevel analysis revealed that the presence of a dedicated medical director significantly improved clinical outcomes by 20% (OR: 1.2, CI: 1.05-1.35). This study provides evidence to support the implementation of dedicated medical directors in district hospitals to enhance clinical success rates. District health authorities should prioritise recruiting and retaining a dedicated medical director to improve patient care outcomes. district hospitals, Kenya, multilevel regression, clinical outcomes, logistic model Treatment effect was estimated with  $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta^T p X_p$ , and uncertainty reported using confidence-interval based inference.

**Keywords:** Kenya, District Hospitals, Multilevel Regression, Hierarchical Analysis, Methodology, Outcomes Evaluation, Logistic Regression

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