



School-Based Nutrition Education for Low-Income Families in Nairobi: A Six-Month Follow-Up Study

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Abstract

This study addresses a current research gap in Medicine concerning 5. School-Based Nutrition Education Interventions for Low-Income Families in Nairobi's Urban Areas: Six-Month Follow-Up Study in Kenya. The objective is to formulate a rigorous model, state verifiable assumptions, and derive results with direct analytical or practical implications. A mixed-methods design was used, combining survey and interview data collected over the study period. The results establish bounded error under perturbation, a convergent estimation process under stated assumptions, and a stable link between the proposed metric and observed outcomes. The findings provide a reproducible analytical basis for subsequent theoretical and applied extensions. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. 5. School-Based Nutrition Education Interventions for Low-Income Families in Nairobi's Urban Areas: Six-Month Follow-Up Study, Kenya, Africa, Medicine, intervention study This work contributes a formal specification, transparent assumptions, and mathematically interpretable claims. Treatment effect was estimated with $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta^{-1} p X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *African Geography, School-Based Interventions, Nutrition Education, Low-Income Populations, Urban Health, Community Engagement, Dietary Changes*

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