



Community Mobilization Programmes in Nairobi Reducing Intimate Partner Abuse Among Married Women Over Two Years

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Abstract

Community mobilization programmes have been implemented in Nairobi to address intimate partner abuse (IPA), particularly among married women. A mixed-methods approach was employed, including surveys and focus group discussions with participants from various neighborhoods in Nairobi. The programme resulted in a significant decrease ($p < 0.05$) in reported IPA incidents by 20% among participants over the two-year period. Community mobilization programmes significantly reduced intimate partner abuse rates, indicating their effectiveness in promoting awareness and support within communities. Further implementation of these programmes should be supported with ongoing community engagement and resource allocation to sustain their impact.

Keywords: *African geography, community mobilization, feminist theory, qualitative methods, social action, intersectionality, gender norms*

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