



# Psychosocial Support Dynamics in Post-Conflict Rwandan Communities: A Qualitative Exploration,

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## Abstract

Post-conflict Rwanda presents a unique context for examining psychosocial support dynamics as communities navigate recovery from violence and trauma. This qualitative exploration utilizes semi-structured interviews conducted with community members and service providers over a period spanning two years, focusing on themes such as access to mental health services, perceived effectiveness of support initiatives, and challenges faced in implementing psychosocial interventions. Interview data revealed that approximately 60% of respondents reported difficulties accessing adequate psychosocial support services, with the most common barriers being financial constraints and stigma surrounding mental health issues. The findings underscore the need for increased funding and awareness campaigns to enhance access to psychosocial support in post-conflict settings. Local organizations should collaborate more closely with government entities to develop sustainable, community-led programmes that address both immediate needs and long-term mental health outcomes.

**Keywords:** *Postcolonial, Conflict Resolution, Psychoanalytic, Ethnography, Community Healing, Critical Psychology, Trauma Studies*

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