



Social Safety Nets and Food Security in Post-Conflict Liberia: A Psychological Perspective on Economic Recovery Effects

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Abstract

Post-conflict Liberia faces significant challenges in economic recovery and household food security due to widespread poverty, unemployment, and social dislocation. A qualitative analysis of interviews with community leaders and focus group discussions with affected households, supplemented by secondary data from government reports and surveys conducted in -. Social safety nets have proven effective in mitigating immediate post-conflict hardships and fostering sustainable economic growth in Liberia's vulnerable communities. Liberian policymakers should prioritise the expansion of social safety net programmes to ensure broader coverage and greater effectiveness in supporting affected families and accelerating national recovery efforts.

Keywords: *African poverty, conflict psychology, social cohesion, vulnerability studies, qualitative analysis, resilience theory, food security assessment*

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