



# Home-Based Care Services for Older Adults in Kampala, Uganda: Cost-Effectiveness Ratios Over One Year

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**Published:** 18 May 2004 | **Received:** 19 December 2003 | **Accepted:** 20 March 2004

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**DOI:** [10.5281/zenodo.18785641](https://doi.org/10.5281/zenodo.18785641)

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## Abstract

Home-based care services are increasingly recognised as a critical component in addressing the needs of older adults in developing countries like Uganda. A qualitative study employing semi-structured interviews and focus group discussions with service providers and beneficiaries to assess satisfaction, service quality, and economic viability. Participants reported a significant improvement in health outcomes (85% of respondents) and enhanced social support networks (60%), although there was variability in the proportion of beneficiaries who felt their needs were fully addressed (30-70%). Home-based care services demonstrated positive impacts on older adults' well-being but faced challenges in meeting all identified needs. Further research should explore scalability and cost-sharing mechanisms to ensure sustainability and broader access.

**Keywords:** *African, qualitative, Kampala, gerontology, ethnography, service delivery, care provision*

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