



Year-Two Evaluation of School-Based Food Security Initiatives on Urban Youth Nutrition in Lagos, Nigeria: An African Perspective

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Abstract

Urban youth in Lagos face significant challenges related to food security and nutrition due to economic pressures and limited access to nutritious meals. The study employed a mixed-methods approach involving baseline surveys, follow-up assessments, and qualitative interviews among participating students and their educators in selected schools across Lagos. The school-based food security initiatives have had a positive impact on urban youth nutrition, contributing to healthier eating behaviors and overall well-being. Continue and expand these initiatives while incorporating additional support systems such as parent-teacher associations and community partnerships.

Keywords: *African Geography, Food Insecurity, School Nutrition Programmes, Quantitative Research, Qualitative Inquiry, Urban Development, Public Health Initiatives*

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