



# Cultural Adaptation Models for Psychological Assessment in African Populations: A Theoretical Framework

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## Abstract

Cultural diversity within African populations necessitates the development of culturally adapted psychological assessment tools to ensure more accurate and equitable mental health evaluations. A comprehensive review of existing cultural adaptation methodologies will be conducted alongside qualitative interviews with experts to inform the development process. The proposed framework aims to enhance the validity and relevance of psychological assessments across diverse African populations by addressing cultural nuances effectively. Developers and policymakers should prioritise stakeholder engagement, including input from local communities and experts, in the adaptation process.

**Keywords:** *Cultural Anthropology, Cross-Cultural Psychology, Ethnopsychology, Cultural Neuroscience, Multicultural Therapies, Community Psychology, Validation Studies*

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