



Non-Violent Communication Training Programmes in Rural Kenyan Schools: Academic Improvement and Attendance Enhancements Over Three Years

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Abstract

Non-Violent Communication (NVC) is a communication approach that emphasizes understanding others' perspectives without judgment and focuses on expressing needs rather than criticizing or blaming. A qualitative approach was employed, involving semi-structured interviews with participants from schools that implemented NVC programmes. Data were analysed using thematic analysis. There was a notable increase in the proportion of teachers who reported improved communication skills among their students, leading to enhanced student engagement and academic performance. The findings suggest that NVC training can significantly improve both academic outcomes and school attendance rates in rural Kenyan schools. Schools should consider incorporating ongoing NVC training for educators as a strategy to support student learning and well-being. Non-Violent Communication, Teacher Training, Academic Improvement, School Attendance

Keywords: *Non-Violent Communication, Kenya, Qualitative Research, Rural Education, Empathy Training, Social Justice Approaches, Phenomenology*

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