



Prenatal Care and Breastfeeding Support Programmes in Reducing Maternal Health Outcomes: An Analysis of HIV Prevalence in South African Communities, 2008 Context

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Abstract

Prenatal care and breastfeeding support programmes are critical for maternal health in South African communities, particularly in reducing HIV prevalence among women. The study utilised data from South African communities surveyed in to analyse the impact of these programmes on maternal health indicators, including HIV status. Prenatal care and breastfeeding support programmes were associated with a significant reduction in HIV prevalence among women who received comprehensive healthcare services compared to those who did not. The findings suggest that integrated prenatal care and breastfeeding support can effectively mitigate the risk of HIV infection, thereby improving maternal health outcomes. Healthcare providers should prioritise implementation of these programmes to enhance maternal health in South African communities.

Keywords: *African geography, prenatal care, breastfeeding support, maternal health, HIV prevalence, community interventions, public health studies*

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