



Challenges and Opportunities in Post-Conflict Psychology within Uganda's African Context

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Abstract

Post-conflict settings in Africa present unique challenges for psychology due to widespread trauma, social disintegration, and economic instability. A qualitative approach was employed through literature review and expert interviews to synthesize existing policies and identify gaps in service delivery. The analysis revealed a significant disparity between the need for mental health services and their actual provision across Uganda, with rural areas particularly underserved. Ugandan policy frameworks lack comprehensive guidelines for post-conflict psychological support, necessitating tailored intervention strategies to address specific community needs. Develop evidence-based policies that prioritise equitable service distribution, integrate mental health into broader development programmes, and foster community resilience.

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Terms:

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Cultural
Community*

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*Terms:
(PTSD)
Psychology
Rehabilitation*

Conflict
Gonenc Model

Resolution

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