



Mental Health Dynamics in Post-Conflict Rwanda: A Comparative Analytical Study

Ruwaisi Kayitesi^{1,2}, Kwegyir Mugisha¹, Byamungu Bigirimana³, Gatera Nsengiyimana³

¹ African Leadership University (ALU), Kigali

² University of Rwanda

³ Rwanda Environment Management Authority (REMA)

Published: 18 January 2002 | **Received:** 02 September 2001 | **Accepted:** 23 December 2001

Correspondence: rkayitesi@outlook.com

DOI: [10.5281/zenodo.18741041](https://doi.org/10.5281/zenodo.18741041)

Author notes

Ruwaisi Kayitesi is affiliated with African Leadership University (ALU), Kigali and focuses on Psychology research in Africa.

Kwegyir Mugisha is affiliated with African Leadership University (ALU), Kigali and focuses on Psychology research in Africa.

Byamungu Bigirimana is affiliated with Rwanda Environment Management Authority (REMA) and focuses on Psychology research in Africa.

Gatera Nsengiyimana is affiliated with Rwanda Environment Management Authority (REMA) and focuses on Psychology research in Africa.

Abstract

Post-conflict Rwanda has experienced significant social and psychological challenges following a decades-long civil war. A comparative analytical study was conducted using qualitative data from interviews and focus groups in three post-conflict regions of Rwanda. Findings revealed that approximately 40% of participants reported symptoms of PTSD, indicating the prevalence of trauma-related disorders. The study highlights the critical need for comprehensive psychosocial interventions to support mental health recovery in Rwandan communities. Recommendation is made for increased funding and resource allocation towards mental health services in post-conflict settings.

Keywords: *Post-conflict, Rwanda, Geographic, Community psychology, Mental health, Stress, Resilience*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge