



Challenges and Opportunities in Psychological Practice Post-Conflict Eritrea: An African Perspective

Meskerem Gebreab¹

¹ University of Asmara (currently closed/reorganized)

Published: 22 March 2007 | **Received:** 07 November 2006 | **Accepted:** 14 February 2007

Correspondence: mgebreab@hotmail.com

DOI: [10.5281/zenodo.18854754](https://doi.org/10.5281/zenodo.18854754)

Author notes

Meskerem Gebreab is affiliated with University of Asmara (currently closed/reorganized) and focuses on Psychology research in Africa.

Abstract

Post-conflict Eritrea faces significant psychological challenges as it navigates societal recovery and integration. A qualitative thematic analysis of existing literature and expert interviews to inform the perspectives piece. The psychological sector in post-conflict Eritrea is ripe for development but requires tailored strategies addressing resource scarcity and cultural sensitivity. Prioritise training programmes targeting local communities to build capacity and foster sustainable mental health services.

Keywords: *Post-conflict, Eritrea, resilience, trauma, therapy, community, integration, mental health*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge