



Indigenous Knowledge Systems in Egyptian Psychological Practice Paradigms

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Abstract

Egyptian psychology has historically been influenced by Western models, leading to a need for integration of indigenous knowledge systems. A qualitative study involving semi-structured interviews with psychologists and focus groups of clients. Indigenous therapies such as traditional healing practices were often used alongside Western approaches, indicating a hybrid model among practitioners. The findings suggest the development of an integrated psychological framework that incorporates both indigenous and Western methodologies could enhance therapeutic effectiveness in Egypt. Further research should explore the integration process and its impact on client outcomes to inform policy changes.

Keywords: *Cultural Anthropology, Indigenous Psychology, Ethnopsychology, Cultural Competence, Reflexive Methodology, Community-Based Research, Multicultural Counselling*

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