



A Community-Based Psychological Resilience Framework for Trauma in Northern Uganda

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Abstract

Northern Uganda has faced significant challenges due to conflict and displacement, which have impacted psychological well-being among its residents. Theoretical synthesis and conceptual development focusing on existing literature and expert insights from the region. This framework provides a theoretical basis for future research and practice in trauma recovery within Northern Uganda communities. Further empirical studies are recommended to validate the effectiveness of these interventions and tailor them to specific local contexts.

Keywords: *African Geography, Community Psychology, Trauma Theory, Resilience Framework, Cross-Cultural Studies, Ethnographic Research, Post-Traumatic Stress Disorder (PTSD)*

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