



Comparative Psychological Studies in Moroccan African Regions: A Survey

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Abstract

Comparative psychology studies in African regions have historically focused on diverse cultural contexts and developmental trajectories. In Morocco, specific regional variations within its vast territory pose unique challenges for understanding psychological phenomena. The study employed a mixed-methods approach, combining quantitative surveys with qualitative interviews. Data were collected from participants aged 6-25 years old living in six distinct Moroccan African regions representing various ethnic groups and socio-economic backgrounds. A significant proportion (34%) of respondents reported experiencing higher levels of stress compared to their urban counterparts, indicative of environmental factors influencing mental health across rural areas. Qualitative data revealed diverse cultural practices affecting social interactions and cognitive development within these regions. This research provides a nuanced understanding of psychological phenomena in Moroccan African regions, highlighting the importance of regional specificity in comparative psychology studies. Future research should consider longitudinal designs to track developmental changes over time and incorporate more diverse methodologies to ensure comprehensive coverage.

Keywords: *Cultural Variability, Developmental Psychology, Ethnocentrism, Intercultural Comparison, Qualitative Research, Socio-Cognitive Development, Cross-Cultural Studies*

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