



# Youth Engagement in African Psychology: A Qualitative Study from Togo

Adrien Eyiam<sup>1</sup>

<sup>1</sup> University of Kara

**Published:** 07 December 2001 | **Received:** 12 July 2001 | **Accepted:** 24 October 2001

**Correspondence:** [aeyiama@yahoo.com](mailto:aeyiama@yahoo.com)

**DOI:** [10.5281/zenodo.18734248](https://doi.org/10.5281/zenodo.18734248)

## Author notes

*Adrien Eyiam is affiliated with University of Kara and focuses on Psychology research in Africa.*

## Abstract

Youth engagement in African psychology is a growing area of interest, reflecting broader efforts to incorporate diverse perspectives into psychological research and practice. Qualitative data were collected through semi-structured interviews with young psychologists and psychology students. Focus groups included discussions on youth's perspectives on psychology education and practice. Youth participants highlighted a significant interest in community-based psychological interventions, representing over half of their proposed projects and research themes. The findings underscore the importance of including youth voices to enrich African psychology by addressing local needs and fostering culturally relevant practices. There is a need for more inclusive educational curricula that prioritise community engagement and cultural relevance in psychology training programmes.

**Keywords:** *African, qualitative, engagement, youth, psychology, anthropology, ethnography*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ REQUEST FULL PAPER

**Email:** [info@parj.africa](mailto:info@parj.africa)

Request your copy of the full paper today!

## SUBMIT YOUR RESEARCH

**Are you a researcher in Africa? We welcome your submissions!**

Join our community of African scholars and share your groundbreaking work.

**Submit at:** [app.parj.africa](http://app.parj.africa)



Scan to visit [app.parj.africa](http://app.parj.africa)

**Open Access Scholarship from PARJ**

Empowering African Research | Advancing Global Knowledge