



Comparative Psychological Insights from Djibouti: A Regional Perspective in Africa

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Abstract

Djibouti is a small East African country known for its unique cultural diversity and significant geopolitical importance as a transit point between Asia and Africa. The study employed qualitative research methods and expert interviews to gather data on psychological phenomena specific to Djiboutian society. The findings underscore the need for culturally sensitive psychological services tailored to Djiboutian contexts. Psychologists should prioritise training programmes that incorporate local cultural knowledge to enhance service delivery effectiveness.

Keywords: *Sub-Saharan, Bantu, Ubuntu, Ethnography, Cultural Relativism, Psycho-social Development, Multiculturalism*

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