



Reduction Strategies in South African Community-Based Opioid Treatment Programmes: A Scholarly Review

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Abstract

Community-based opioid treatment programmes have emerged as critical interventions in South Africa's fight against opioid dependence and related health issues. A systematic review of existing research papers focusing on community-based drug treatment programmes for opioid dependence, including methodologies used to reduce dropout rates. Dropout rates were notably high (up to 40%) despite various strategies such as financial incentives and increased social support. While some interventions showed promise in reducing dropout rates, there is a need for more comprehensive and personalized approaches tailored to the specific needs of community members. Programmes should integrate patient-centred care models that address psychological and social factors contributing to opioid dependence.

Keywords: *African Geography, Opioid Dependence, Community-Based Interventions, Randomized Controlled Trials, Cognitive-Behavioural Therapy, Medication-Assisted Treatment, Dropout Prevention Strategies*

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