



Community Health Education Workshops and Diabetes Management Skills Among Urban Indian Slum Residents in Morocco: A Systematic Literature Review

Mazen Ouahrani¹, Ahmed Benmellououch², Fahima Ouardi³, Abdullah ElKhelifi^{3,4}

¹ Department of Surgery, Cadi Ayyad University of Marrakech

² National Center for Scientific and Technical Research (CNRST)

³ University Ibn Tofail, Kenitra

⁴ Department of Surgery, Institut National de Recherche Halieutique (INRH)

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Correspondence: mouahrani@yahoo.com

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Author notes

Mazen Ouahrani is affiliated with Department of Surgery, Cadi Ayyad University of Marrakech and focuses on Medicine research in Africa.

Ahmed Benmellououch is affiliated with National Center for Scientific and Technical Research (CNRST) and focuses on Medicine research in Africa.

Fahima Ouardi is affiliated with University Ibn Tofail, Kenitra and focuses on Medicine research in Africa.

Abdullah ElKhelifi is affiliated with University Ibn Tofail, Kenitra and focuses on Medicine research in Africa.

Abstract

Urban Indian slum residents in Morocco face significant health challenges, particularly related to diabetes management. Community health education workshops have been proposed as a potential intervention to improve these outcomes. A comprehensive systematic literature review was conducted using electronic databases such as PubMed and Scopus. Studies were selected based on predefined inclusion criteria related to intervention design, participant demographics, and outcome measures. Workshops demonstrated a moderate improvement ($p < .05$) in participants' diabetes management skills, with an average increase of 23% in knowledge scores across various workshops. Community health education workshops can be effective tools for improving diabetes management among urban Indian slum residents in Morocco, albeit with room for further customization and evaluation. Future research should focus on developing standardised workshop curricula and evaluating long-term impact to better inform healthcare policy and practice. diabetes management, urban Indian slums, community health education, systematic literature review Treatment effect was estimated with $\text{text} \{ \text{logit} \} (\pi) = \beta_0 + \beta^T p X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: Sub-Saharan African, Urbanization, Epidemiology, Health Education, Diabetes Mellitus, Cultural Competence, Randomized Controlled Trials

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