



# Impact Assessment of Community Health Worker Programmes in Kigali Central Market Radius: A Psychosocial Perspective on Rwanda's Indigenous Healthcare Models,

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## Abstract

Community health worker (CHW) programmes have been implemented to bridge gaps in healthcare delivery within underserved communities, particularly in urban settings like Kigali Central Market. Quantitative surveys were conducted among 500 participants to evaluate self-reported improvements in healthcare access, disease prevention knowledge, and overall well-being. Participants reported a significant increase ( $p < 0.01$ ) in the proportion of individuals who felt more informed about preventive health measures compared to baseline levels. CHW programmes appear effective in enhancing psychosocial health within their defined service area, though further longitudinal studies are recommended for comprehensive evaluation. Expand CHW coverage to include high-risk groups and integrate digital platforms for remote consultations. Strengthen community engagement strategies to foster long-term support networks.

**Keywords:** *African geography, CHW effectiveness, community participation, psychosocial impact, qualitative methodologies, urban health disparities, cultural adaptation*

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