



Mental Health Dynamics in Post-Conflict Rwanda: A Theoretical Framework

Nkubira Mukantabi^{1,2}, Kabirane Ruhindze³

¹ Department of Advanced Studies, University of Rwanda

² Rwanda Environment Management Authority (REMA)

³ University of Rwanda

Published: 25 September 2006 | **Received:** 04 June 2006 | **Accepted:** 29 August 2006

Correspondence: nmukantabi@aol.com

DOI: [10.5281/zenodo.18833004](https://doi.org/10.5281/zenodo.18833004)

Author notes

Nkubira Mukantabi is affiliated with Department of Advanced Studies, University of Rwanda and focuses on Psychology research in Africa.

Kabirane Ruhindze is affiliated with University of Rwanda and focuses on Psychology research in Africa.

Abstract

Mental health dynamics in post-conflict societies often exhibit unique patterns due to the psychological trauma experienced by communities. Rwanda's experience of conflict and subsequent recovery offers a rich context for understanding these phenomena. This article employs a qualitative analysis of existing literature on post-conflict mental health to construct our theoretical framework. No empirical data are used for this study. A comprehensive understanding of post-conflict mental health dynamics in Rwanda is crucial for developing effective psychosocial support strategies. This theoretical framework aims to guide future research and policy development. Recommendations include the implementation of culturally tailored interventions, community-based support programmes, and continuous monitoring of mental health needs in post-conflict settings.

Keywords: *Congo Basin, Conflict Resolution, Community Psychology, Trauma Theory, Resilience Studies, Psycho-social Interventions, Post-Traumatic Growth*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge