



Psychological Foundations for Sustainable Development in Central African Republic: An Indigenous Perspective

Chiracé Tcheukô¹

¹ Department of Research, University of Bangui

Published: 16 April 2009 | **Received:** 18 January 2009 | **Accepted:** 13 March 2009

Correspondence: ctcheuk@aol.com

DOI: [10.5281/zenodo.18896763](https://doi.org/10.5281/zenodo.18896763)

Author notes

Chiracé Tcheukô is affiliated with Department of Research, University of Bangui and focuses on Psychology research in Africa.

Abstract

Central African Republic (CAR) faces significant socio-economic challenges including poverty, political instability, and limited access to psychological services. A qualitative study involving semi-structured interviews with traditional healers, local leaders, and community members to understand existing cultural practices related to psychology. Indigenous healing ceremonies play a crucial role in addressing psychological distress such as trauma from conflict and loss of livelihoods. Community elders often integrate traditional rituals with modern counseling techniques for holistic support. The findings highlight the potential for integrating indigenous psychological practices into mainstream mental health services to enhance effectiveness and accessibility. Develop culturally sensitive training programmes for healthcare providers, incorporating elements from CAR's rich cultural heritage. Encourage local leaders to advocate for such integration in national policies.

Keywords: *African geography, indigenous psychology, qualitative research, sustainable development, cultural resilience, psychological anthropology, community-based assessment*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge