



Mobile Health Clinics vs. Traditional Care in Sierra Leonean Urban Zones: Postpartum Recovery Rates Among Pregnant Women

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Abstract

Mobile health clinics have been increasingly implemented in various settings to address healthcare disparities, particularly in underserved urban areas where traditional care may be insufficient. The research employs a comparative analysis of data collected from two distinct groups: those who received care through mobile health clinics and those who accessed traditional care. Data collection includes demographic information, pregnancy outcomes, and postpartum recovery metrics. Mobile health clinics demonstrated a higher postpartum recovery rate among pregnant women compared to traditional healthcare settings (92% vs. 85%, $p < 0.01$). The findings suggest that mobile health clinics offer significant benefits in terms of postpartum care and recovery, warranting further investigation into their efficacy across diverse contexts. Future studies should explore the scalability and sustainability of mobile health clinic models in various urban environments. Policy makers may consider integrating these services to improve maternal healthcare access.

Keywords: *African Geography, Mobile Health Clinics, Community-Based Care, Maternal Health Outcomes, Randomized Controlled Trials, Geographic Information Systems, Postpartum Recovery Rates*

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