



# Pre-Education Policy Effects on Maternal Health Outcomes Post-Abortion Legalization in Nigerian Urban Centers: A Systematic Review

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## Abstract

Recent legal changes to abortion policies in Nigeria have led to increased discussions on maternal health outcomes. A comprehensive search was conducted using multiple databases including PubMed, Google Scholar, and Embase. Studies were selected based on predefined inclusion criteria and analysed using thematic synthesis. Analysis revealed a significant improvement ( $p < 0.05$ ) in maternal health literacy scores among urban women after the introduction of educational programmes post-legalization. Pre-education policies have had positive effects on improving maternal health outcomes, particularly in terms of knowledge and awareness about post-abortion care. Future research should focus on evaluating long-term impacts and implementation strategies for sustained benefits. Treatment effect was estimated with  $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta^T X_i$ , and uncertainty reported using confidence-interval based inference.

**Keywords:** *African geography, abortion policy impacts, maternal health, systematic review, urban centers, qualitative methods, quantitative analysis*

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