



Gender-Neutral Parenting Workshops and Role Perceptions Shifts Among Masai Men in Urban Tanzania: Six-Month Impact on Empowerment Levels

Mwangi Kijana¹, Kamasi Mwinyi^{2,3}

¹ Department of Advanced Studies, Tanzania Commission for Science and Technology (COSTECH)

² State University of Zanzibar (SUZA)

³ Tanzania Commission for Science and Technology (COSTECH)

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Correspondence: mkijana@hotmail.com

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Author notes

Mwangi Kijana is affiliated with Department of Advanced Studies, Tanzania Commission for Science and Technology (COSTECH) and focuses on Arts & Humanities research in Africa.

Kamasi Mwinyi is affiliated with State University of Zanzibar (SUZA) and focuses on Arts & Humanities research in Africa.

Abstract

Gender-neutral parenting workshops have been implemented in urban Masai communities to address traditional gender roles and promote empowerment. A mixed-methods approach was used, including pre- and post-workshop surveys to assess changes in participants' attitudes and behaviors. Men showed a significant shift towards more egalitarian views on gender roles after the workshops, with a 20% increase in reported empathy for women's needs compared to baseline. The findings suggest that gender-neutral education can effectively alter traditional patriarchal norms among urban Masai men, contributing to broader social change. Further research should explore long-term effects and potential scalability of the workshop model. Masai communities, gender roles, empowerment, parenting workshops

Keywords: *Masai, Urbanization, Gender Roles, Empowerment, Qualitative Analysis, Quantitative Research, Community Development*

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