



# Health Systems Resilience in African Epidemics: Insights from Uganda

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## Abstract

This study examines the resilience of health systems in Uganda during a specific period affected by epidemics. Qualitative analysis was employed through interviews with healthcare professionals and a review of relevant documents to assess the preparedness and response strategies during the study period. The analysis revealed that while Uganda's health system had robust protocols in place, there were significant challenges related to resource allocation and community engagement which influenced the effectiveness of epidemic responses. Uganda's health system demonstrated resilience but also highlighted areas for improvement in terms of operational efficiency and public participation. Recommendations include enhancing inter-agency cooperation, increasing funding for infrastructure development, and improving communication strategies to better engage communities during epidemics.

**Keywords:** *African geography, resilience theory, health systems, public health, infectious diseases, qualitative analysis, outbreak management*

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