



Oral Traditions in Southern African Communities: A Qualitative Exploration of Their Historical Significance within Libyan Contexts

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Published: 21 February 2000 | **Received:** 04 October 1999 | **Accepted:** 30 January 2000

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DOI: [10.5281/zenodo.18720254](https://doi.org/10.5281/zenodo.18720254)

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Abstract

Oral traditions play a significant role in documenting historical contexts within Southern African communities, especially those situated in Libya. The qualitative approach employed includes semi-structured interviews with community members and analysis of existing oral narratives. A notable theme emerged regarding the preservation of traditional healing practices through oral storytelling, indicating their vital role in maintaining cultural heritage. Oral traditions are foundational to understanding the historical context and contemporary practices within Southern African communities in Libya. Further research should focus on comparing these traditions across different regions within the same community for a comprehensive view. oral traditions, cultural heritage, Southern Africa, Libya

Keywords: *African geography, Oral literature, Ethnography, Historiography, Cultural studies*

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