



Migrant Workers' Healthcare Access and Mental Support Programmes in Addis Ababa's Informal Settlements: A Theoretical Framework

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Abstract

Addis Ababa's informal settlements house a significant number of migrant workers who face unique challenges in accessing healthcare services and mental support programmes. This article employs conceptual analysis and literature review methods to explore the existing theories and frameworks relevant to migrant worker healthcare needs in Addis Ababa's informal settlements. The theoretical framework identifies several gaps in current healthcare policies and proposes recommendations for improving access to mental support programmes tailored to migrant workers' needs. Policy makers should prioritise the development of culturally sensitive health services, enhance communication resources, and integrate mental health support into existing healthcare infrastructures.

Keywords: *Geographic, Informal Settlements, Migration, Healthcare Access, Mental Health, Anthropology, Sociology*

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