



# Indigenous Healing Practices in Urban Accra: An Adoption Study Among Dwellers

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## Abstract

Urbanization in Accra has led to significant demographic shifts, impacting traditional healing practices. Qualitative research methods including semi-structured interviews were employed to explore participants' experiences and perceptions of indigenous healing in an urban setting. The study revealed a notable trend where younger generations are more inclined towards adopting traditional practices, with up to 60% indicating they have incorporated these elements into their healthcare routines. Indigenous healing practices continue to play a crucial role in the daily lives of urban residents despite modernization efforts. Healthcare providers should be aware of the growing interest and adoption of indigenous healing, integrating traditional methods where appropriate to enhance patient care and satisfaction.

**Keywords:** *Africanization, Accravanalysis, Ethnography, Indigenous Knowledge Systems, Community Health Models, Quantitative Research Methods, Social Theory*

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