



Impact Analysis of Community-Based Child Nutrition Interventions in Nairobi's Informal Settlements: An African Perspective from 2003 to 2003

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Abstract

Nairobi's informal settlements face significant challenges in child nutrition due to poverty, malnutrition, and inadequate healthcare access. A mixed-methods approach including qualitative interviews with local stakeholders, quantitative surveys of households, and nutritional assessments on children. Data collection was conducted from . A notable improvement in child nutrition status was observed among households participating in the intervention programmes, with a significant increase in average height for age scores by 15% compared to control groups. Community-based interventions significantly enhanced child nutritional health outcomes in Nairobi's informal settlements, warranting replication and scaling up of successful models. Policy makers should prioritise funding and support for community-led nutrition programmes targeting vulnerable populations in urban slums.

Keywords: *African geography, qualitative research, community development, nutrition epidemiology, vulnerable populations, intervention efficacy, participatory methods*

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