



# Comparative Psychological Studies in Djibouti: An African Focus on Regional Variations

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## Abstract

Comparative psychological studies in Djibouti explore regional variations within African contexts, highlighting unique social and cultural dynamics. Qualitative interviews were conducted in three distinct regions of Djibouti, employing thematic analysis for data triangulation. Findings indicate significant regional variations in stress management strategies, with urban areas showing more reliance on social support networks compared to rural settings. Regional cultural contexts significantly influence psychological coping mechanisms in Djiboutis, emphasising the importance of contextual specificity in research. Future studies should consider incorporating longitudinal data and cross-cultural comparisons to enhance understanding of generational differences across Africa.

**Keywords:** *Sub-Saharan, African, Social, Cultural, Dynamics, Qualitative, Comparative*

## ABSTRACT-ONLY PUBLICATION

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