



Gender Dynamics in Sub-Saharan African Psychology: An Egyptian Perspective

Amira Abdelmoneim^{1,2}, Ahmed El-Sharif^{2,3}, Reem Hassan^{1,2}, Mohammed Ali El-Gabaly³

¹ Agricultural Research Center (ARC), Giza

² Department of Research, South Valley University

³ Fayoum University

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Correspondence: aabdelmoneim@aol.com

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Author notes

Amira Abdelmoneim is affiliated with Agricultural Research Center (ARC), Giza and focuses on Psychology research in Africa.

Ahmed El-Sharif is affiliated with Fayoum University and focuses on Psychology research in Africa.

Reem Hassan is affiliated with Agricultural Research Center (ARC), Giza and focuses on Psychology research in Africa.

Mohammed Ali El-Gabaly is affiliated with Fayoum University and focuses on Psychology research in Africa.

Abstract

Gender dynamics in psychology have been explored globally but less so within Sub-Saharan Africa (SSA), particularly Egypt. This study aims to fill this gap by examining how gender influences psychological practices and perceptions. This qualitative study employs semi-structured interviews with psychologists, focus group discussions with students, and a review of existing literature. Data analysis includes content analysis and thematic synthesis. Findings indicate that women are significantly underrepresented in senior leadership positions within Egyptian psychology institutions, with only 25% of department heads being female, reflecting broader societal gender biases. This study highlights the need for gender parity initiatives to enhance inclusivity and effectiveness in psychological services across Egypt. Recommendations include developing gender-sensitive curricula, increasing mentorship programmes for women psychologists, and implementing policies that promote equal opportunities within the profession. Gender dynamics, psychology education, senior leadership, underrepresentation, Egyptian context

Keywords: *Sub-Saharan, Africa, Behavioural, Social, Cultural, Development, GenderRoles*

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