



Malnutrition's Shadow on Early Cognitive Development in Ghana: A Psychosocial Perspective

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Abstract

Malnutrition is a prevalent issue in early childhood development, particularly in resource-limited settings such as Ghana. A qualitative approach will be employed through interviews with caregivers and educators to gather data from selected communities in Ghana. Early psychosocial interventions are critical for mitigating the adverse effects of malnutrition on cognitive development. Investment in community health programmes and educational support is recommended to improve nutritional status and promote early childhood development.

Keywords: *African geography, developmental lag, malnutrition, poverty, cognitive impairment, psychosocial stress, qualitative inquiry*

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