



# Social Support Networks in Aging Women: A Theoretical Framework for Lagos, Nigeria

Uzochukwu Ofoedu<sup>1</sup>, Chidera Obiocha<sup>2,3</sup>, Ijeoma Anyaegbunam<sup>1,3</sup>, Nwachukwu Chinedu<sup>2,4</sup>

<sup>1</sup> Nnamdi Azikiwe University, Awka

<sup>2</sup> Department of Research, Nnamdi Azikiwe University, Awka

<sup>3</sup> University of Lagos

<sup>4</sup> Department of Research, Covenant University, Ota

**Published:** 26 April 2000 | **Received:** 26 December 1999 | **Accepted:** 29 March 2000

**Correspondence:** [ufoedu@hotmail.com](mailto:ufoedu@hotmail.com)

**DOI:** [10.5281/zenodo.18719610](https://doi.org/10.5281/zenodo.18719610)

## Author notes

*Uzochukwu Ofoedu is affiliated with Nnamdi Azikiwe University, Awka and focuses on Psychology research in Africa. Chidera Obiocha is affiliated with Department of Research, Nnamdi Azikiwe University, Awka and focuses on Psychology research in Africa.*

*Ijeoma Anyaegbunam is affiliated with University of Lagos and focuses on Psychology research in Africa. Nwachukwu Chinedu is affiliated with Department of Research, Covenant University, Ota and focuses on Psychology research in Africa.*

## Abstract

Aging women in Lagos, Nigeria face unique social challenges due to cultural norms, economic pressures, and family structures. Theoretical synthesis approach with literature review and expert consultations. A robust theoretical framework highlighting the critical role of social support in enhancing health outcomes and caregiver satisfaction among aging women in Lagos. Policy makers should prioritise initiatives that strengthen community-based care networks to improve elderly women's quality of life.

**Keywords:** *African Geography, Social Support Networks, Dependency Theory, Caregiver Stress, Health Psychology*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

**Email:** [info@parj.africa](mailto:info@parj.africa)

Request your copy of the full paper today!

## SUBMIT YOUR RESEARCH

**Are you a researcher in Africa? We welcome your submissions!**

Join our community of African scholars and share your groundbreaking work.

**Submit at:** [app.parj.africa](http://app.parj.africa)



Scan to visit [app.parj.africa](http://app.parj.africa)

**Open Access Scholarship from PARJ**

Empowering African Research | Advancing Global Knowledge