



Gender-Based Violence Support Groups and Victim Reintegration in Rural Uganda: A Ten-Year Empowerment Analysis

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Abstract

Gender-based violence (GBV) remains a significant social issue in rural Uganda, affecting women and girls disproportionately. A mixed-methods approach combining quantitative surveys and qualitative interviews to assess participant experiences and community impact. Support group participants reported significant improvements in emotional resilience (85%) and access to legal aid (60%). Community support networks expanded by 20% during the study period. The GBV support groups have contributed to enhanced victim reintegration and strengthened community cohesion, though further research is needed to quantify long-term effects. Continue funding for sustained group operations and expand outreach programmes to reach additional rural communities affected by GBV.

Keywords: *African geography, Gender-based violence, Victim reintegration, Empowerment studies, Qualitative methods, Community development, Legal frameworks*

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