



Cultural Adaptation and Resilience in Migrant Communities of Burkina Faso: A Mixed Methods Inquiry

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Abstract

Cultural adaptation and resilience are critical for migrant communities in Southern Africa, particularly those from Burkina Faso who have migrated to urban areas in search of better economic opportunities. This mixed methods study integrates both qualitative and quantitative research approaches. Qualitative data are gathered through semi-structured interviews with 50 migrants, while quantitative data involve a survey of 200 urban residents to assess cultural integration patterns and resilience indicators. Interviews revealed that the most common strategies for cultural adaptation among migrants include language learning (85%), participation in local festivals (70%), and forming support networks (60%). The qualitative interviews complemented by quantitative survey results suggest that while these strategies are effective, there is a significant proportion of migrants who face challenges such as limited job opportunities and discrimination. Urban authorities should implement targeted programmes to enhance language learning resources and provide cultural integration workshops. Additionally, businesses could be encouraged to offer more employment opportunities for migrants.

Keywords: *Geography, Migrant, Burkina Faso, Cultural Studies, Social Theory, Qualitative Research, Quantitative Analysis*

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