



Bullying and School Mental Health Interventions in Urban Kenya: A Theoretical Framework

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Abstract

Bullying is a prevalent issue among urban youth in Nairobi, Kenya, affecting their mental health and academic performance. Not applicable as this is a theoretical framework article. This study highlights the need for culturally tailored interventions that address both direct bullying and indirect forms of victimization. Develop targeted mental health programmes incorporating community support structures and teacher training in recognising and intervening against bullying.

Keywords: *African Geography, Urban Sociology, Youth Studies, School Psychology, Intervention Theory, Bullying Prevention, Cultural Competence*

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