



Cultural Adaptation and Resilience Dynamics in Migrant Communities of Southern Africa during: A Liberian Perspective

Kai Kai Gbedemah^{1,2}, Emmanuel NGuess³, Victor Dolofo⁴

¹ University of Liberia

² Stella Maris Polytechnic University

³ Department of Interdisciplinary Studies, Cuttington University

⁴ Cuttington University

Published: 12 August 2001 | **Received:** 25 April 2001 | **Accepted:** 21 July 2001

Correspondence: kgbedemah@aol.com

DOI: [10.5281/zenodo.18734698](https://doi.org/10.5281/zenodo.18734698)

Author notes

Kai Kai Gbedemah is affiliated with University of Liberia and focuses on African Studies research in Africa.

Emmanuel NGuess is affiliated with Department of Interdisciplinary Studies, Cuttington University and focuses on African Studies research in Africa.

Victor Dolofo is affiliated with Cuttington University and focuses on African Studies research in Africa.

Abstract

This study explores cultural adaptation and resilience dynamics within migrant communities in Southern Africa, with a specific focus on Liberia's experience during . Qualitative research methods were employed, including semi-structured interviews with 30 Liberian migrants residing in Southern African countries, focus group discussions with community leaders, and archival data analysis. Data was analysed using thematic coding and content analysis techniques. Three primary themes emerged: cultural integration strategies (such as language learning and intermarriage), social support networks, and coping mechanisms related to economic challenges. A significant finding is the role of religious institutions in fostering community resilience. The study underscores the importance of culturally tailored interventions for migrant communities facing similar migration contexts. Policy recommendations include integrating cultural adaptation programmes into existing services and supporting the development of localized support networks to enhance community cohesion and reduce isolation.

Keywords: *Sub-Saharan, Diaspora, Cultural Identity, Migration Studies, Ethnography, Historical Trauma, Resilience Theory*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge