



Peer Counseling as a Framework for Adolescent Pregnancy Prevention in Democratic Republic of Congo: An Analytical Theoretical Exploration

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Abstract

Adolescent pregnancy remains a significant public health issue in the Democratic Republic of Congo (DRC), with high rates and associated socio-economic challenges. A theoretical review approach will be employed to analyse existing literature on peer counseling interventions in similar contexts, including DRC's specific socio-cultural dimensions. Peer counseling can be effectively utilised as a preventive strategy against adolescent pregnancy, particularly when tailored to DRC's cultural and educational settings. DRC policymakers should consider integrating peer counseling components into existing adolescent reproductive health programmes for enhanced impact.

Keywords: *Democratic Republic of Congo, Geographic Focus, Socioeconomic Factors, Adolescent Pregnancy, Preventive Measures, Qualitative Research, Theoretical Framework*

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