



Cultural Adaptation and Resilience in Southern African Migrant Communities of Morocco,

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Abstract

Southern African migrant communities in Morocco have faced challenges related to cultural adaptation and resilience over recent decades. Qualitative research methods were employed through participant observation, semi-structured interviews, and document analysis among the migrant communities in Morocco. Participants reported significant cultural adaptation efforts, including language acquisition and integration into local social networks. A notable theme was the use of traditional festivals to bridge cultural gaps. The findings suggest that while challenges persist, there is a robust capacity for cultural resilience among migrant communities in Morocco. Policy makers should consider promoting intercultural education programmes and fostering community-led development initiatives to support migrants' integration.

Keywords: *Sub-Saharan, Diaspora, Ethnography, CulturalHybridity, PostcolonialTheory, MigrationStudies, Acculturation*

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