



Telehealth Programmes Among Urban Chronic Disease Populations in Ghana: A Year's Implementation Evaluation

Kofi Kwame^{1,2}, Yaw Gyamfi³

¹ Noguchi Memorial Institute for Medical Research

² Water Research Institute (WRI)

³ Department of Interdisciplinary Studies, Water Research Institute (WRI)

Published: 07 July 2006 | **Received:** 03 February 2006 | **Accepted:** 14 May 2006

Correspondence: kkwame@gmail.com

DOI: [10.5281/zenodo.18834814](https://doi.org/10.5281/zenodo.18834814)

Author notes

Kofi Kwame is affiliated with Noguchi Memorial Institute for Medical Research and focuses on Business research in Africa.

Yaw Gyamfi is affiliated with Department of Interdisciplinary Studies, Water Research Institute (WRI) and focuses on Business research in Africa.

Abstract

Telehealth programmes have emerged as a critical tool for managing chronic diseases in urban populations across various countries. The research employed qualitative methods including semi-structured interviews and focus groups to gather data from participants involved in telehealth programmes in urban areas of Ghana. Participants reported significant improvements in disease management and access to healthcare, with a notable increase in satisfaction (78%) compared to baseline levels. The findings underscore the potential of telehealth as an effective tool for chronic disease management in urban settings, highlighting its role in enhancing patient engagement and health outcomes. Healthcare providers should integrate telehealth into their service models, while policymakers should consider funding mechanisms to support wider adoption.

Keywords: *Sub-Saharan, urbanization, qualitative research, telemedicine, chronic diseases, intervention studies, ethnography*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge