



# Health Systems Resilience in Epidemic Africa: A Scholarly Review

Olufemi Adekanmbi<sup>1,2</sup>, Chika Nwachukwu<sup>1,2</sup>

<sup>1</sup> University of Ibadan

<sup>2</sup> Babcock University

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**Correspondence:** [oadekanmbi@outlook.com](mailto:oadekanmbi@outlook.com)

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## Author notes

*Olufemi Adekanmbi is affiliated with University of Ibadan and focuses on African Studies research in Africa.*

*Chika Nwachukwu is affiliated with Babcock University and focuses on African Studies research in Africa.*

## Abstract

This review focuses on health systems resilience in epidemic Africa, with a specific emphasis on Nigeria. No empirical data or methodologies were used directly for this review; instead, it synthesizes existing literature on health system resilience during epidemics across African countries. The findings highlight a significant variation in the success rates of different resilience measures implemented in Nigerian healthcare systems. For example, while some regions saw substantial improvements in vaccine distribution and testing capabilities, others encountered challenges such as insufficient resources and under-trained staff. This review underscores the critical role that effective leadership, adequate funding, and community engagement play in enhancing health system resilience during epidemics. Given the varied success stories identified, recommendations include prioritising equitable resource allocation, strengthening training programmes for healthcare workers, and fostering collaborative relationships between government entities and non-governmental organizations.

**Keywords:** *African geography, resilience theory, public health policy, infectious diseases, outbreak management, healthcare delivery, cultural resistance*

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