



# Traditional Medicine's Role in Contemporary Egyptian Healthcare Systems: A Qualitative Exploration of Practices and Perceptions

Amirah El-Kashef<sup>1,2</sup>, Ahmed El-Sayed<sup>1,2</sup>

<sup>1</sup> Al-Azhar University

<sup>2</sup> Zagazig University

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**Correspondence:** [aekashef@gmail.com](mailto:aekashef@gmail.com)

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## Author notes

*Amirah El-Kashef is affiliated with Al-Azhar University and focuses on African Studies research in Africa.*

*Ahmed El-Sayed is affiliated with Al-Azhar University and focuses on African Studies research in Africa.*

## Abstract

Traditional medicine practices have been an integral part of healthcare systems in Egypt for centuries, particularly among marginalized communities and regions with limited access to modern health services. A thematic analysis was conducted on semi-structured interviews with 30 participants, including traditional healers, patients using TM, and healthcare professionals involved in TM. Data were analysed for themes related to practice, perception, integration, and patient satisfaction. TM practices are prevalent among rural populations (65% of respondents) and are often used as complementary or alternative treatments alongside modern medicine. Over half (54%) of patients reported improved health outcomes using TM. The study underscores the significant role of TM in Egyptian healthcare, particularly for underserved communities. It highlights the need for policy integration to enhance accessibility and quality of care while maintaining public health standards. Develop a national strategy that recognizes traditional practices as part of Egypt's healthcare system, supports training programmes for traditional healers, and encourages research into TM effectiveness.

**Keywords:** *Africanization, Cultural Heritage, Ethnography, Indigenous Knowledge Systems, Qualitative Research, Social Constructionism, Traditional Health Practices*

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