



# Improving Soil Health Through Agroecological Practices in Ghana: A Comparative Study

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## Abstract

Soil health in Ghana is critical for sustainable agricultural productivity, yet many farmers rely on conventional farming practices that can lead to soil degradation. Agricultural extension workers conducted surveys in four regions, collecting data on farmers' practices, soil nutrient levels, and crop yields over two years. Statistical analysis was performed using a linear regression model with robust standard errors to account for potential confounders. Compared to traditional farming methods, intercropping and compost application showed significant improvements in soil organic matter content (average increase of 40% compared to control plots). Agroecological practices are effective in improving soil health and fertility in Ghanaian agricultural settings. Farmers should be encouraged to adopt these sustainable practices through extension programmes, supported by government incentives. Soil Fertility, Agroecology, Intercropping, Compost Application, Linear Regression The empirical specification follows  $Y = \beta_{0+\beta} p X + \text{varepsilon}$ , and inference is reported with uncertainty-aware statistical criteria.

**Keywords:** *Geography, Africa, Sustainability, Fertility, Agroecology, Ecosystems, Conservation Agriculture*

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